

Stan L. Bergman
Chief



6201 Atlantic Avenue
Ventnor City New Jersey,
08406
(609)823-7953
Fax (609) 823-8032

Ventnor City Beach Patrol

The V.C.B.P. Junior Lifeguard Course

The Junior Lifeguard Training course will take place July 11 to July 15, 2016. The course will be for young boys and girls 9 years old to 13 years old. The children will meet every day from 10:30 to 12:00 at the Ventnor City Beach Patrol Headquarters, Suffolk Avenue and the beach. The fee is \$10.00.

The program will describe what goes into what lifeguards do when they go to work protecting bathers and keeping people safe. Water safety, and rescue techniques will be covered. It will also provide instruction to what the public should be doing when they go the beach for a safe and enjoyable day.

Team work will be emphasized every day. Swimming, practice rescues, light running, and calisthenics will take place every day. Rowing will be held later in the week. Special events will also take place. Competition will be held at the end of the week.

The junior lifeguards should be on time every day. They should bring a towel, sunscreen protection, and water. A belly board or raft may be needed during the week. We look forward to spend time and train with you!

Applications should be dropped off at H.Q. before training begins.

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Junior Lifeguard Registration

Name of Participant: _____

Address: _____

Street

City

Zip Code

Phone Number: _____ Sex: _____ Age _____

Parent (or Legal guardian) _____

Person to contact in case of Emergency:

Name

Address

Phone

I, _____, hereby waive any liability as to the City of Ventnor City and it's instrumentalities and agents, for any injuries / damages resulting from any/all participants of this program.

Stan Bergman, Chief

Bill Howarth, Captain

Lieutenants:

Gary Howarth, William Ferry, Dave Funk, Meghan Holland, Patrick Finnerty