

Small Sandy Survivors



What is Small Sandy Survivors?

Small Sandy Survivors is a workshop for children ages **5-10** who were affected by Hurricane Sandy. The program offers support and education to help children better understand and cope with the effects of the storm. The children will receive age appropriate information, join in interactive questions and participate in fun activities.

Why is Small Sandy Survivors needed?

No one who lives through a disaster is untouched by the experience. Children can feel frightened during a disaster and afterwards some children will show temporary changes of behavior. Reminders of what happened could cause upsetting feelings to return and behavior changes to emerge. Children can only understand and cope with so much at a young age, and should not be left to cope with the effects of the storm on their own.



To register for upcoming workshops please call 609-652-3800 ext. 308

This project is sponsored by the New Jersey Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, through a Federal Emergency Management Agency grant, in partnership with the Mental Health Association in New Jersey