Stan L. Bergman Chief



6201 Atlantic Avenue Ventnor City New Jersey, 08406 (609)823-7953 Fax (609) 823-8032

Ventnor City Beach Patrol

Junior Lifeguard Program - 2024

Who: Children ages 5-14

When:

<u>- Sun June 30th – Wed July 3rd 2024</u> from 10:30-12:00: Jr. Lifeguards ages 5-9
<u>- Mon July 8th – Thur July 11th 2024</u> from 10:30-12:00: Jr. Lifeguards ages 10-14
Where: Ventnor City Beach Patrol Headquarters, Suffolk Avenue and the beach (We will not hold the program in thunder/lightning/heavy downpour)

What: Our Junior Lifeguard program is designed to educate children on beach and ocean safety. We strive to promote solid interpersonal relationships, build teamwork, and introduce children to the skills required to become a lifeguard. Most of all we want our children to have a fun, safe experience enjoying and learning about the ocean and beach. Each day we will meet at a designated area. We will start with a team stretch, a warmup run, and then break into rotating stations. The fourth day of each group (Wed July 3rd and Thu July 11th) will hold the competitions in the beach run, surf dash, and beach flags and end with a BBQ.

Sign Ups: Signs ups will be ONLINE at: Ventnor.RecDesk.com or <u>www.ventnorcity.org/departments/BeachPatrol</u> Link will be active beginning May 20th or in person at the VCBP HQ at Suffolk and the Beach from <u>May 25th through June 30th</u>. The cost is \$20.00 per child and will include a Jr. Lifeguard T-shirt.

Each Day: The junior lifeguards should arrive on time each day. Please send your child in a bathing suit with a towel and a labeled water bottle. Children should apply sunscreen before arriving. We are looking forward to another terrific summer!

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Junior Lifeguard Registration

Name of Participant:			
Address:			
Street		City	Zip Code
Phone Number:	Sex:	Age	Shirt Size:
Junior Lifeguard Program:	Ages 5-9 _		Ages 10-14
Person to contact in case of Emerg	ency:		
Name Ado	Address		Phone
I,			
City and its instrumentalities and agents, of this program.	, for any injuries /	damages res	sulting from any/all participants
Parent (or Legal guardian) signatur	re		
Stan Bergman, Chief	Ĩ	Captains: David Funk, Gary Howarth	
	Lieutenants	:	
Meghan Holland, I	Dan Schall, Gre	eg Smith, R	Rob Wagner

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Sign up via RecDesk: https://ventnor.recdesk.com/Community/Home

From there click Create Account that will ask your name and contact information. Once you created the account click the programs box at the top of the page. Scroll through the programs until you find the event you wish to sign up for. There will be a green Register Now button that you will click on and checkout that will prompt you to put in your credit card info. You will receive a confirmation email that you are registered.

